

ENGAGE. EMPOWER. EXCEL.

About the Ingram Institute

The Ingram Institute for Physician Leadership was created to train physicians to confidentally lead healthcare teams in their profession and in the community. There are two programs offered through the institute – the Physician Leadership Immersion Program and the in-depth Physician Leadership Lab.



Leadership Immersion

The Physician Leadership Immersion Program is designed to give physicians foundational personal and professional development. The Ingram Institute brings in expert facilitators to guide specialized training courses that will empower physician leaders with the tools necessary to lead in today's field. The Immersion takes place over two weekends and offers a focused, retreat style atmosphere. Participants may earn a Certificate in Physician Leadership upon program completion and up to 34 hours CME.*

Leadership Lab

The Physician Leadership Lab is a multi-month training course that guides physicians to acquire applicable skills necessary to cultivate efficient team environments. This program focuses on the teamwork aspect of delivering outstanding patient care. Each physician will undertake a course project in which skills will be applied to the real-world environment. The goal of the project is to give the physician experience in improving quality, safety, efficiency and operating costs for his or her practice. Participants may earn a Certificate in Healthcare Change Management upon program completion and up to 37 hours CME.*



tnmed.org/leadership Beth Lentchner

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INGRAM INSTITUTE COST

Tuition for each program is \$1,000. Support and funding is provided by the Tennessee Medical Association, the Tennessee Foundation for Quality Patient Healthcare and a generous grant from The Physicians Foundation that underwrites 85 percent of program costs. Tuition includes materials, speaker fees, lodging and meals.

Leadership Lab in 2025-26

The Lab is a multi-month course to help physicians develop valuable skills essential to leaders in the emerging physician-led, teambased healthcare environment. Physician participants attend two live sessions in January and April, along with webinars and individual coaching sessions. Three to six months of ongoing consulting is available to participants upon program completion.

Schedule
Webinar 1

Webinar 2

Webinar 3

Live Session 1

Live Session 2

Live Session 3

2025

2026 January 8 January 14 January 24 - 25 January 30-31 February 19 March 4 April 4 - 5 April 10-11 May 14 May 13 July 24 July 23

Leadership Immersion in 2025-26

The Physician Leadership Immersion Program is a special learning getaway that prepares physician leaders to shape the future of medicine. Expert facilitators lead interactive discussions and training courses on core topics. Classes take place over two weekends with in-person, intensive workshops.

Schedule	2025	2026
Session 1 (Monteagle)	June 20 - 22	June 26 - 28

Session 2 (Nashville)

July 25 - 26 July 24 - 25











2024 Sponsors:

TMA 🔁





If you are interested in sponsoring the Ingram Institute for Physician leadership, contact Beth Lentchner at beth.lentchner@tnmed.org.



*The Tennessee Medical Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Tennessee Medical Association designates this live activity for a maximum of **37 AMA PRA Category 1 Credit(s)™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.